



## SO CAL INTENSIVE 2023 SCHEDULE

Canyon High School  
Anaheim, CA

### DAY 1

8:15 AM Intro of Pro Action and Staff

8:30 AM Warm Up

8:30 AM Directors Meeting

#### 9:00 AM **Routine A**

Brendan Ryan	Shake Senora	Pitbull/Workout Mix	Pom
Britny	River	Miley Cyrus	Jazz Funk
Jayd'n	Tilt Ya Head Back	Nelly ft Christina	Jazz Funk
Joey	All I Do Is Win	DJ Khalid	Hip Hop
Lauryn & Madyson	Hot In It/Hot Stuff Mix	Tiesto with Donna Summer	
Nicole	Players	Coi Leray	Hip Hop
Oscar	Please Don't Stop the Music	Rhianna	Stadium Pom
Peyton	Just Wanna Rock	Lil Uzi Vert	Hip Hop
Quinton	Boy's a Liar 2	Ice Spice	

11:00 AM **Master Class- Shandon Perez**

12:30 PM Lunch

#### 1:30 PM **Routine B**

Brendan Ryan	Who's That Chick	David Guetta/Radio Mix	Jazz
Britny	Burn It Up	Janet Jackson/Missy Elliot	Hip Hop
Jayd'n	Grrls	Lizzo	Jazz Funk/HH
Joey	No Friends In The Industry	Drake	Hip Hop
Lauryn & Madyson	Tick Tick Boom	Sage the Gemini	Pom
Nicole	Drip	Cardi B	Hip Hop
Oscar	Princess Diana	Ice Spice	Advanced Hip Hop
Peyton	Titi Me Pregunto	Bad Bunny	Int Sassy Latin Jazz
Quinton	Le Freak	Chic	Jazz/Funk

3:30 PM Routine A Review

4:15 PM Routine B Review

5:00 PM End of Day

### DAY 2

8:00 AM Warm Up

8:30 AM Master Class review

#### 9:15 AM **Routine C**

Britny	Yeah	Usher	Hip Hop
Jayd'n	Reverse	G Eazy	Hip Hop
Joey	Lemon	N.E.R.D	Hip Hop
Lauryn & Madyson	Pretty Girls Walk/Walk it Out Mix		
Nicole	No Hands	Waka Flaka	Hip Hop
Oscar	Hot		Latin Funk
Peyton	Alien Superstar	Beyonce	Int Jazz/Pom
Quinton	Proud Mary	Tina Turner	Jazz/Pom

12:00 PM Lunch

1:00 PM Routine A Review

1:30 PM Routine B Review

2:00 PM Routine C Review

2:30 PM Break

3:00 PM **Pro Action Dance Showcase**

5:00 PM Wrap Up